



the power walk

FOR DRESS FOR SUCCESS®

In order to gain employment and become self-sufficient, it is critical that women are also healthy and well! Dress for Success empowers disadvantaged women to make healthy choices in work and in life.

Please join Dress for Success, our Professional Women's Group members, volunteers and supporters at The Power Walk, a 5k fun walk. We will celebrate those who have empowered us throughout our lives and take steps towards healthier futures for women and their families!

Event Date: Saturday, May 8, 2010

Event Location: Battery Park, New York City

Registration: 8:30 am

Walk Start: 10:00 am

Registration Deadline: April 30, 2010

www.dfspowerwalk.org

event details & faq's

Saturday, May 8
Battery Park Castle Clinton Plaza, New York City

Subway: 4/5 to Bowling Green
R/W to Whitehall/South Ferry
1 to South Ferry

Public Transportation is highly recommended.

- 8:30 a.m. Participant check-in and on-site registration opens**
- 9:30 a.m. On-site registration closes**
- 10:00 a.m. Walk starts**
- 11:00 a.m. Finish line program with refreshments, health & wellness tents and networking**
- 1:00 p.m. Event concludes**

frequently asked questions

How long is the walk and what is the route?

The walk is a 5k (3.1 miles) distance on a paved, flat course along the Hudson River.

Can I run and will I receive my official finish time?

The Power Walk is a fun walk, so we ask participants to refrain from jogging or running. However, brisk walking is highly encouraged! Because this is not a race, we will not be providing finish times.

Can I bring my children? What about my dog?

Yes, we encourage our walkers to bring their children. So many of the women we serve are mothers and so much of what we do impacts the lives not only of these women, but of their children and families. And yes, we think dogs are family too, so they are welcome as long as they are on leashes!

Can people attend the event and not participate in the walk?

We ask that all guests officially register for the event so that we can anticipate attendance numbers. Guests do not have to participate in the 5k walk, but we have designed the course and overall event to be accessible for all ages and fitness levels. We hope that joining together for the walk will be a fun and meaningful part of the event!

Can I register the morning of the event?

We will offer a limited number of on-site registrations for \$30 per walker. However, we highly encourage you to register in advance either online or by mailing/faxing the registration form.

Can I turn in cash and check donations at the event?

Yes, you can turn in cash and check donations at the registration table at the event. You can also mail check donations to:

Dress for Success Worldwide
Attn: The Power Walk
32 E. 31st St., 7th floor
New York, NY 10016

Checks should be made payable to Dress for Success Worldwide. Include your name on the memo line so we can track your donations.

registration/donation form

Complete this registration form and return by mail or fax. There is a \$25 registration fee per person. Please complete one form per person.

We encourage all walkers to raise a minimum of \$200 to support The Power Walk and the important programs of Dress for Success. Reach out to your family, friends and co-workers to share your involvement with The Power Walk and ask for their support! **Walkers who raise at least \$50 will receive a free t-shirt! Prizes will be awarded for the top individual and team fundraisers.**

_____		_____	
First Name	Last Name		

Street Address			

City	State	Zip	

Phone	Email		

Yes! I will participate in The Power Walk.

Please charge my credit card the individual registration fee of \$25. Enclosed is my check for the registration fee.

I would like to walk in honor of a Power Hero. I will pay an additional \$25.

Power Hero Name _____ Email _____

Power Heroes are people throughout your life who have mentored, inspired or empowered you. They could be a family member, a teacher, a friend or a colleague. By including an email address, your Power Hero will receive an email letting them know you are walking in their honor.

Additional Donation \$ _____ Total \$ _____ Fundraising Goal \$ _____

T-shirt Size: S M L XL 2X 3X

I am a DFS Professional Women's Group member.

I am part of a team. Team Name _____

I am unable to walk, but please accept my donation of \$ _____

Credit Card Information

Name on Card

Billing Street Address

Billing City State Zip

Card Number CVC#

Card Type Expiration Date

Signature

Please mail registration form and/or donation with check or credit card to: **Dress for Success Worldwide, ATTN: The Power Walk 32 E 31st Street, 7th Floor, New York, NY 10016.** Or fax to **212.684.9563.** *Please note you will be required to sign a participation waiver at on-site registration.

waiver

I understand that there are risks and dangers inherent in participating in The Power Walk for Dress for Success that includes a 5K walk. I know that the risks and dangers inherent in this activity can occur by natural causes or activities of other persons, animals, participants, volunteers, employees or third parties as a result of negligence or because of other reasons. I appreciate that I may have to exercise extra care for my own person and for others around me in the face of such hazards. I also understand that in consideration for my acceptance as a participant in the activities of The Power Walk for Dress for Success, and the services and amenities to be provided by The Power Walk for Dress for Success in connection with these activities, I agree to assume all risks and to waive, discharge claims and release Dress for Success Worldwide, its employees, contractors, sponsors, officials, and volunteers, and all governmental and public entities through which the walk will pass as well as the surrounding communities from any and all liability on account of, or in any way resulting from, the risks and dangers inherent in participating in the activities of The Power Walk for Dress for Success, even if caused by the negligence of the previously identified entities and persons. I further agree to hold harmless the previously named entities and persons from any claims, damages, injuries or losses caused by my own negligence while a participant. I understand and agree that I am releasing not only the entities set forth above but also the officers, agents, employees, and volunteers of those entities.

I understand that this release is made in consideration for my participation in The Power Walk for Dress for Success and the services and amenities to be provided by The Power Walk for Dress for Success, and that I will not be allowed to participate in The Power Walk for Dress for Success until I execute this release.

I understand and agree that this release will have the effect of releasing, discharging, waiving, and forever relinquishing any and all actions or causes of action that I may have or have had on my own behalf and on behalf of my survivors, heirs, assigns and estate, whether past, present or future, whether known or unknown, and whether anticipated or unanticipated by me, arising out of my participation. This release constitutes a complete release, discharge and waiver of any and all actions or causes of action against the entities and persons set forth above and the officers, agents, employees, and volunteers of those entities.

I understand and agree that this release applies to personal injury, property damage, or wrongful death that I may suffer, even if caused by the actions or omissions of others. I understand that by agreeing to this release that I am assuming full responsibility for any and all risk of death or injury or property damage suffered or caused by me while a participant in The Power Walk for Dress for Success activities. I understand and agree that this release will be binding on my heirs, my personal representatives and my assigns. I further understand and acknowledge that I assume full responsibility for all costs associated with any personal injury, property damage or wrongful death that I may suffer as a result of participating in this event.

I understand that I am solely responsible for my health and safety, and I acknowledge that I am physically capable of participating in and completing this event. I understand that my name, photograph, voice or likeness may be used for any reason by Dress for Success Worldwide, their sponsors, licensees, affiliates, subsidiaries and employees. I consent to and authorize, in advance, such use, waive my rights of privacy I have in connection therewith and agree that such materials shall become the sole and exclusive property of The Power Walk for Dress for Success, and further agree to give up all rights, title, and interest in such property, from and against all claims, etc. arising out of or in connection with the creation of, title to, use and/or distribution of such materials by previously named entities and persons.

I understand that unforeseen events, such as weather, national emergencies, or issues of public safety, may cause cancellation or postponement of The Power Walk for Dress for Success or otherwise prevent my participation. I hold all parties harmless should such an event occur. If any provision or any part of any provision of this Agreement is held to be invalid or legally unenforceable for any reason, the remainder of this Agreement shall not be affected thereby and shall remain valid and fully enforceable.

Furthermore, I grant full permission to the Dress for Success Worldwide to use photographs or video/audio tape of me for promotion of this, or any DFSWW event.

I have carefully read this Liability Waiver in its entirety, fully understand its contents and freely and voluntarily assume all risks and dangers inherent in participating in the activities of The Power Walk for Dress for Success. I am aware that this is a release of liability and I sign of my own free will.

Name of Participant (please print)	Signature	Date
Signature (parent of guardian if under age 18)	Date	

Mail, fax, or bring this completed form to pre-event check-in event or day of event registration.

Dress for Success Worldwide
The Power Walk for Dress for Success
32 E 31st Street, 7th Floor
New York, NY 10016
212.684.9563 (fax)

donation log

Please be sure to bring all checks and cash to the registration tent the morning of the walk.

Donor Name 1	Amount
Email	Phone
Donor Name 2	Amount
Email	Phone
Donor Name 3	Amount
Email	Phone
Donor Name 4	Amount
Email	Phone
Donor Name 5	Amount
Email	Phone
Donor Name 6	Amount
Email	Phone
Donor Name 7	Amount
Email	Phone
Donor Name 8	Amount
Email	Phone
Donor Name 9	Amount
Email	Phone
Donor Name 10	Amount
Email	Phone
Donor Name 11	Amount
Email	Phone
Donor Name 12	Amount
Email	Phone

donation log

Please be sure to bring all checks and cash to the registration tent the morning of the walk.

Donor Name 13	Amount
Email	Phone

Donor Name 14	Amount
Email	Phone

Donor Name 15	Amount
Email	Phone

Donor Name 16	Amount
Email	Phone

Donor Name 17	Amount
Email	Phone

Donor Name 18	Amount
Email	Phone

Donor Name 19	Amount
Email	Phone

Donor Name 20	Amount
Email	Phone

Donor Name 21	Amount
Email	Phone

Donor Name 22	Amount
Email	Phone

Donor Name 23	Amount
Email	Phone

Donor Name 24	Amount
Email	Phone